DOCUMENT RESUME

ED 134 567 SP 010 753

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TITLE Physical Education Demonstrations.
PUB DATE Feb 77
NOTE 13p.; Paper presented at the Southern District AAHPER Convention (Atlanta, Georgia, February 1977)

EDRS PRICE MF-$0.83 HC-$1.67 Plus Postage.
DESCRIPTORS Community Involvement; *Community Recreation Programs; *Demonstration Programs; *Demonstrations (Educational); *Guidelines; *Physical Education; *Physical Recreation Programs

ABSTRACT

For several years, physical educators in Marion County, Florida, have been actively illustrating their programs to the community they serve. These demonstrations reflect the variety and diversity of the county's physical education programs. The main objectives for these presentations are: (1) to inform the public; (2) to give exposure to the programs; (3) to provide youngsters opportunities to perform before large groups; and (4) to provide the youngsters with a chance to "show off" for the parents. Presented here are organizational guidelines and procedures for planning similar demonstrations. The guidelines are presented in outline form and are supplemented by examples of necessary forms, public address system announcements, and invitations. (MM)

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ED134567

PHYSICAL EDUCATION DEMONSTRATIONS

By:

Lucy Murphy
Marion County

Presented To:

Southern District AAHPER Convention
Atlanta, Georgia

February 1977

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
NATIONAL INSTITUTE OF EDUCATION

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SP010 753

"Physical Education Demonstrations"
by Lucy Murphy

For several years now the Physical Education of Marion County in Florida have been actively illustrating their Physical Education programs to the parents and community to which they serve. Demonstrations have reflected the wide variety and diversity of the counties Physical Education Programs. The demonstrations that have been held are made possible by the combined efforts of the elementary, middle and high school levels in the county. Such program displays would not be possible without the coordinating efforts of the physical educators, classroom teacher, school administrators, students, parents, community volunteers and recreation personnel.

The Marion County Physical Education demonstrations have been of various types. Each type reflects a great deal of organization and planning. Success is determined by the amount of pre-planning that has been done. Over planning is the name of the game.

The following demonstrations have been organized and presented to the community in Marion County on a mass basis with numerous schools participating. Other Physical Education Demonstrations have been conducted at many of the other schools.

1. Football Halftime Show
2. Volleyball Tournament
3. Shopping Center - Roadside - Show
4. Physical Education Show
5. Parent Visitation

The main objectives for presenting our demonstration programs before the public in Marion County are:

1. Inform the Public what our programs are doing.
2. Give exposure to the programs we have going in the County.
3. Provide opportunities for youngsters to perform before large groups and their parents, showing the students off for the parents.

In the remainder of this paper the organizational procedures and guidelines for planning similar demonstrations in other counties will be presented in outline form. Some or all the ideas to be outlined can be utilized by other Physical Educators in other counties. Physical Educators must remember that each school, each county, and each situation is totally different, some or all of these ideas may or may not be applicable in your given situation. Experimentation and pre-planning must be done to determine what will work for you.

The general guidelines and/or organizational procedures for presenting any kind of Physical Education demonstration are as follows:

1. *Decide on the type of demonstration that would best illustrate your program.*
2. *Establish date, time, and day of the week that would allow for maximum participation. (for example a lot of churches have services on Wednesday night in Marion County, this would not be a good night for such a mass demonstration)*
3. *Take advantage of an event that is already happening which would involve a lot of your community. (for example a football game in which two local schools are participating)*
4. *Contact the person/persons from which you can get permission to use a particular facility.*
5. *Try to plan on a facility that is centrally located in your community.*
6. *See how much time is available for the presentation. (for example halftime may be 5-15 minutes show, an entire afternoon, etc.)*
7. *Invite Board Members, Superintendent, Community or Government Officials.*
8. *Have one person/or a special committee in charge of public relations. (for example newspaper, radio, television, etc.) If you have access to an "IN" person, use that connection.*
9. *Always arrange for a public address or loud speaker system to be available for use during the performance.*

The specific organizational procedures for a Halftime Show at a football game are as follows:

1. *Inform the Physical Educators that a demonstration is going to occur at the football game.*
2. *Establish a list of activities that you want to include.*

3. *Send a memo to the Physical Educators and have them choose first, second and third choices as to what activity they wish to present.*
4. *Make sure the instructor knows how much time his/her school is to perform.*
5. *Instruct the Physical Educators to send a letter home to ALL parents telling them of the planned program.*
6. *Make it clear that each school is responsible for its own equipment and transportation of students.*
7. *Compile all the choice activity sheets and assign each school, as close as possible the activity of its choice.*
8. *Diagram a football field, square off as many equal portions as you need. (a square/ area for each school to perform in)*
9. *Plug in schools to the diagram. Send a copy of this diagram to each instructor.*
10. *Determine a suitable line up in the end zones to get all the schools in their appropriate area in an orderly manner.*
11. *Write up a narrative that a person can read over to loud speaker system to let the persons in the stands know what is going on (include the names of all schools who participate).*
12. *Recognize and thank all persons who made the performance a success.*
13. *Within the next week send out a memo asking for criticism and/or suggestions on how to make the halftime show better for the next year.*

The specific organizational procedures for the community wide Volleyball Tournament are as follows:

1. *Good public relations --- let it be known by radio and newspaper that the tournament is coming up.*
2. *Construct an entry form and make them available from different persons.*
3. *Establish a rule sheet and send one to each team.*
4. *Draw up brackets and plug in the entries you have.*
5. *Notify teams as to time, date and location of games.*
6. *Get officials for games.*

The specific organizational procedures for the Shopping Center-Roadside Show and the Physical Education Show are very similar to the steps involved in the Halftime Presentation. The location and scheduling would be different. The memo correspondence with Physical Educators would be somewhat alike.

The specific organizational procedures for the Parent Visitation are as follows:

1. Establish one or two days for the visiting.
2. Have the Physical Educators plan two days of exciting activities.
3. Send a letter home to the parents explaining the procedures you are going to follow.
4. Encourage the parents to come dressed to participate with their child.
5. Send the correct time home that the parents' child has Physical Education during the day.
6. Have a sign-in table for the parents.
7. Distribute a handout for parents to take with them or have some copies of "What Every Parent Should Know About the New Physical Education".
8. Extend an invitation for a return visit.

In the above report an attempt was made to give other schools, counties and states ideas on how to take Physical Education to the public. It is indeed important to make every Physical Educator a PEPI person. Sell the youngsters, they will sell the parents and the parents will see to it that a good Physical Education program is maintained.

Do not be ashamed to let them know what is going on, their child is the most important investment in the future. The challenge is for each Physical Educator to inform and update the public as to "What Physical Education is All About".

Dear Parents and Guardians,

The week of November 10-15 has been proclaimed by Governor Askew as Physical Education and Fitness Week in the state of Florida. Marion County's Physical Education staff cordially invites all parents to participate in their schools Physical Education and Fitness Week. In observing this special week several activities have been planned to include the parents and public.

During the entire week a Jog-A-Thon will be held. We would like all residents to get out and run and keep track of how far they go. Please call in distances you run to your Physical Education Instructor or the Ocala Recreation Department. We want to see how far Marion County can jog. Volleyball - November 10 & 11 at Fort King.

Parent Visitations are also planned. We would like for you the parents to come to school when your child has Physical Education and participate with him in class. Visitation Days are on November 13th and 14th of Physical Education Week.

To culminate the weeks activities we are planning a Physical Education Show on Saturday, November 15th at SearsTown Shopping Center. This show will run continously starting at 1:30, three (3) rings of activities will be going on at the same time. Come out and see our show. Refreshments will be sold.

Enjoy the week with us, Physical Education Instructors of Marion County.

Sincerely,

SUBJECT: Halftime performance for P.E. and Fitness Week

NAME OF SCHOOL: _____

Indicate your preference with the numbers 1, 2, and 3.

Every effort will be made to allow frist choices, but please understand if this is impossible.

_____	Parachute	_____	Combatives
_____	Simple Games	_____	Archery
_____	Relays	_____	Volleyball
_____	Tumbling	_____	Soccer
_____	Gymnastics	_____	Golf
_____	Tinikling	_____	Badminton
_____	Fitness Activities	_____	Modern Dance
_____	Hula Hoops & Balls	_____	Football
_____	Jump Ropes	_____	Softball
_____	Lummi Sticks	_____	Wrestling
_____	Cage Ball Activities	_____	Bowling
_____	Pitch Back Nets		

Each school is responsible for bringing all equipment needed.

Due Back to county office by Wednesday, October 9th.

WE SIT HERE

NORTH MARION SIDE

S N E

G 5 10 15 20 25 30 35 40 45 50 45 40 35 30 25 20 15 10 5 G

North Marion Middle TEAM GAMES	Ft. McCoy Elem. TUMBLING	Citra & Anthony Elem. PARACHUTE	Highlands Elem. TINIKLING	North Marion High MODERN DANCE	Eighth St. Elem. FITNESS	OPEN AREA # 5
Forest High TUMBLING	Madison St. Elem. ROPES	Oakcrest Elem. CAGE BALL	Osceola Middle LIFE TIME SPORTS	Fellowship Elem. MOVEMENT	Howard Middle COMBATIVES OR DANCE	OPEN AREA # 6
Fessenden Elem.	Belleview-Santos Middle RHYTHM	East Marion Elem. TUMBLING	College Pk. Elem. HULA HOOPS AND BALLS	Vanguard High EXERCISES	Howard Elem. RELAYS	OPEN AREA # 7

MEET HERE 2 MINUTES BEFORE HALF TIME X

CONCESSION STAND

9

10

VANGUARD SIDE

Physical Education and Fitness Week is November 10-16. Visit your local school on November 14th or 15th. Join the Jog-a-thon - November 11-15.

(DETAILS ON BACK)

START THE FOLLOWING ANNOUNCEMENTS AS SOON AS ALL THE SCHOOLS ARE IN THEIR AREA.
(5 minutes total)

The Marion County Physical Education Association welcomes you to our halftime show to kick off Physical Education and Fitness Week. All schools in Marion County were invited to participate in this halftime program. The following schools are represented on the field tonight.

Elementary Schools are:

(List Schools)

Middle Schools are:

(List Schools)

High Schools are:

(List Schools)

Before you tonight is an example of the "New Physical Education." Today our schools offer a variety of activities designed to meet the needs of all students.

If you would like to learn more about your child's Physical Education program, you are invited to visit your school this coming Thursday and Friday, November 14th and 15th.

At this time, the Marion County Physical Education Association would like to invite all residents of Marion County to join our Jogathon.

The Jogathon will last 5 days. It begins this coming Monday, November 11th, and ends Friday, November 15th. We want to encourage all students, parents, and Marion County residents to join and jog.

A running total of jogged miles will be calculated each day in an effort to see how far Marion County can Jog.

Jogged miles can be turned in each day, by calling the Ocala Recreation Department, 629-8406, or by letting your child turn in the number of miles to the Physical Education Instructor at their school.

Help us to emphasize the importance of Physical Education and Fitness by joining our Jogathon. Let's see just how far Marion County can Jog.

The Marion County Physical Education Association would now like to thank the following groups:
(Mention here all who made the program a success.)

And finally, a special thanks to the instructors and students who have performed so well for us this evening.

PHYSICAL EDUCATION SHOW
(Outside-Roadside)

This year, the MCPEA will be presenting a Physical Education Show. The show will be held at the Searstown Shopping Center on Saturday, November 15, starting at 1:30 p.m. It will continue until all participating schools have finished.

The show will be presented as a "3 Ring Circus" (Set up in three (3) rectangular areas). Three (3) schools will perform in the three (3) "rings" for 15 minutes (longer if needed) each. At the end of their time, another school will take their place. There will be a trampoline and mini-tramps set up. So, if you have any good performers on these apparatuses, please bring them for this additional activity.

Each school that wishes to participate is asked to pick a first and second choice starting time. Also, choose an activity either from the enclosed list or write in your own choice. Only one (1) activity choice is necessary.

The area of each "ring" will be 45 feet by 55 feet, so please plan your activity accordingly.

Please remember that this activity is on a Saturday so appropriate arrangement for getting students to and from Searstown should be made.

Thank you.

SUBJECT: Physical Education Show

NAME OF SCHOOL: _____

Indicate your preference with the numbers 1 and 2 for starting times.

Every effort will be made to allow first choices, but please understand if this is impossible.

ACTIVITIES		TIMES	
_____	Parachute	_____	1:30
_____	Relays	_____	1:35
_____	Tumbling	_____	1:40
_____	Dance	_____	1:45
_____	Hula Hoop and Balls	_____	1:50
_____	Jump Rope	_____	1:55
_____	Cage Ball	_____	2:00
_____	Wrestling	_____	2:05
_____	Football	_____	2:10
_____	Golf	_____	2:15
_____	Badminton	_____	2:20
_____	Soccer	_____	2:25
_____	Other	_____	2:30
		_____	2:35
		_____	2:40
		_____	2:45
		_____	2:50
		_____	2:55
		_____	3:00

**Each school is responsible for bringing all equipment needed.

**Electricity is available. Please indicate on form if electricity will be required.

**Due back to County Office by Thursday, October 30.